



IZAUK Zen Sesshin

led by Taiun
Jean-Pierre Faure

10th - 13th November 2022
Sheringham

About the Teacher:

Taiun Jean-Pierre Faure, born 1945, is the father of three children. He holds a PhD in physics and has been practising zazen since 1977. He was ordained a monk by Master Deshimaru in 1981. He created the Marrakech Dojo, then became head of the Toulon Dojo. From 1997 to 2002 he was the head of La Gendronnière Temple. 20 years after the death of Master Taisen Deshimaru, he received Dharma transmission from Master Dônin Minamisawa Zenji (Head of Eihei-ji Temple in Japan) and became a certified teacher of the Sôtô Zen School. Today, he is the founding abbot of Kanshoji Temple in La Coquille, near Limoges, France (www.kanshoji.org).



Sesshin Details

Arrival - **Thursday 10th November from 4.00pm.**

Departure - **Sunday 13th November after 3.00pm.**

It is possible to stay on Sunday night and leave instead on Monday morning before 10.00am.

Venue - Sheringham Youth Hostel, Cremer's Drift, Sheringham, Norfolk. NR26 8HX.

The Youth Hostel is situated off the A149 Coast Road in Sheringham, behind St. Joseph's Roman Catholic Church, a 5 minute walk from the train station.

How to get there

Take the train directly to Sheringham. Trains run from Norwich once an hour.

(www.greateranglia.co.uk). National Express Coach services and Megabus all go to Norwich, and you can take bus or train from Norwich. Bus Nos. 44, 44a X44 X40 run every 30 mins. See Sanders Coaches (www.sanderscoaches.com/timetables).

What to bring

Dark, loose-fitting clothes for zazen, and clothes for samu (work in the kitchen, cleaning or gardening). A zafu and zafuton if you have one (some spares available). Bowls and cutlery, and cloths to wrap them in. (If possible, a set of three bowls or one bowl and a pickle dish). Your own mug please.

Covid - Appropriate covid protocols may be implemented, details to follow.

Cost

Recommended: Friends of IZAUK - £150. Non-members - £165

Low wage: Friends of IZAUK - £125. Non-members - £140

Unwaged: Friends of IZAUK - £100. Non-members - £110

Those booking before 27th October with full payment or a deposit of £25 will receive a £20 discount on the above prices. Please note that deposits are not normally refundable.

Registration

Please book online if possible and pay either £25 deposit or the full amount (deducting your £20 if you are paying before 27th October). Payments can be made electronically by PayPal.

To register, go to www.izauk.org/events.

Don't let finances stop you attending - Friends of IZAUK members who require financial assistance can apply for help from the IZAUK Bursary Fund - Contact John at john.cal@outlook.com. All money in the Bursary Fund has been donated by other members. Sometimes we are able to give, and at other times we may need to receive.