



## Summer Camp at Crosby Hall

This sesshin will take place over 6 days and include teisho, training and sewing. There will be ordinations during this sesshin. To be ordained means to take refuge in the Three Treasures: Buddha, Dharma and Sangha. People who want to make this commitment to the Buddha Way should contact their dojo head as soon as possible. The IZAUK annual general meeting will be held on Tuesday 30th May during the sesshin.

**ARRIVAL:** Sunday 28th May, after 2pm and preferably by 7.30pm.

**VENUE:** CROSBY HALL EDUCATIONAL TRUST CENTRE, Back Lane, Little Crosby, LIVERPOOL L23 4UA Tel: 0151 924 9099

**BRING:** Loose, dark clothes for zazen, a zafu if you have one (if you need to borrow a zafu let us know on the form below), a bowl for food and a cloth to wrap it in (eg a tea towel). Also outdoor clothes for walking.

**COST OF SESSHIN:**

Friends of IZAUK Recommended £205/ Low waged £155 /Unwaged £125

Non-members Recommended £215/ Low waged £165/Unwaged £135

**There will be reductions for people attending for a shorter time (see website for details) and a £5 discount for a full payment or £25 deposit received before 18th May. Please note deposits are not normally refundable.**

**IZAUK members can apply for help from the Bursary Fund through Peter at northwaleszen@outlook.com**

**DEPART:** Sesshin finishes Friday 2nd June. Depart by 2pm, after lunch and samu.

**HOW TO GET THERE:**

**BY ROAD:** At roundabout at end of M58 and M57 follow signpost for Bootle & Docks A5036. Get into right hand lane, turn right at lights into Copy Lane/ North Perimeter Rd (Sign posted Formby A5207). Continue, Packet Steamer Travel Inn on right. Follow road round, at lights go straight over (Lydiat Lane - signposted Thornton/Crosby). On right pass cemetery, Nags Head, and Grapes Pub. At lights turn left then right at lights onto Virgins Lane. At fork in road bear left and follow road round bends. Entrance on left, CHET Centre. (see map overleaf)

**BY RAIL:** At Lime Street station, Liverpool it's a short walk to Central Station. Take Southport train, every 15 mins, to Hall Rd station and then 2 mile taxi ride or easy half hour walk across fields to Chet centre. (Delta taxis - (0151) 924 7373).

**Register either online at [www.izauk.org](http://www.izauk.org) or return booking slip with cheque to:**

**John Callaghan, 15 Garmont Rd, Leeds LS7 3LY.**

**For more information contact John on 07946 476471 (text only please) or email:**

**[callaghan@john043.orangehome.co.uk](mailto:callaghan@john043.orangehome.co.uk)**

**International Zen Association UK Registered Charity No. 296285 Affiliated to the AZI - founded by Master Taisen Deshimaru**

### Booking Slip

Please return booking slips before 18th May with a full payment or £25 deposit to secure a £5 discount so that equipment/meals can be planned. It is possible to become a friend of IZAUK at the sesshin

NAME.....SEX:  Male  Female

ADDRESS.....

Phone.....Email.....

Payment sent.....(cheques payable to IZAUK)  Tick if zafu required

I will arrive on.....at.....(approx time)

I will depart on.....at.....(approx time)