

The IZAUK Spring Sesshin will for the first time take place outside the UK, in 2015, at Kanshoji Zen Monastery. This will be a great opportunity for our Sangha to practise together in a zen monastery, with the residents and abbot Taiun Jean-Pierre Faure.

The Sesshin will be an opportunity to deepen our understanding of the Buddha Way and to return to the root of our practice, which is to renew our vows as Bodhisattvas in each moment. The sesshin is open to all.



During the week there will be teachings and presentations of different aspects of our practice and the forms they take within Soto Zen: Zazen, Ceremony, Oryoki, Samu. The essence of these forms is to bring the practice of the Buddha Way to each moment and to each activity. In addition to Zazen, teachings will also be given in the form of Teisho, Choson, and Mondo.

Kanshoji is situated 30 miles south of Limoges in southwestern France.

It comprises several buildings in its extensive grounds. Many of the residents are long-time monks and nuns.



Taiun Jean-Pierre Faure was ordained as a monk by Master Taisen Deshimaru. After leading the Toulon dojo, he became head of La Gendronniere Temple. Today he is the abbot of Kanshoji Zen Monastery. A disciple of Dōnin Minamizawa Roshi, vice-zenji of Eiheiji Temple in Japan, he received Dharma transmission from him in 2003.



PRACTICAL INFORMATION

ARRIVAL: Sunday 4th May 2015, dinner at 8 pm
DEPARTURE: Sunday 10th May after lunch

COST:

To help with the extra cost of travelling abroad, Kanshoji is offering a special rate of €115 for the week (about £90).

BURSARY: IZAUK members can apply for help with sesshin fees (but not travel costs), from the bursary fund through Peter at northwaleszen@outlook.com.

TRAVEL:

Air: The cheapest way is early booking with budget airlines eg Ryanair, Flybe to Limoges from various UK airports: Stansted, Midlands, Bristol, Leeds, Liverpool, Southampton.

Train: Eurostar to Paris, then via Limoges to La Coquille.

LOCATION:

24450 La Coquille, Limousin, France

Zafus may be borrowed upon request, please let Kanshoji know in advance, see booking slip.

Translation: everything will be translated into English.

For queries please email: brockleyzen@gmail.com
or call 020 8699 4753

Useful Links

www.kanshoji.org/eng/
www.izauk.org

International Zen Association UK
Registered Charity No. 296285

Affiliated to Association Zen Internationale
Founded by Master Taisen Deshimaru

